

SUSSEX
PREMIER
HEALTH

2025

Consultant directory

Expert healthcare for your patients

www.sussexpremierhealth.com

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Contacts



Hospital contacts

Main hospital

Phone: 01424 757 400

GP hotline

Phone: 01424 757 459

Outpatient department

Phone: 01424 757 438

Self-pay patient enquiries and bookings

Phone: 01424 757 455 / 01424 757 406

Diagnostic imaging

Phone: 01424 757 401 / 01424 757 427

Physiotherapy

Phone: 01424 757 491

Ward

Phone: 01424 757 452

NHS referrals

Phone: 01424 757 407 / 01424 757 493

Key contacts

Divisional director of operations

Amanda Rogers: 01424 757 400

Assistant director of nursing

Nicky Wood: 01424 757 409

GP liaison executive

Hanna Fennessy: 01424 757 405

Business development manager

Sophie Lehane: 01424 757 444

How to refer your patients

At Sussex Premier Health we are dedicated to delivering outstanding individual care and customer service to all our patients, from the moment they first get in touch with us until after their treatment is complete.

Our dedicated and highly trained team aim to deliver excellent patient care, in a safe and secure environment. We work to ensure every patient is treated as if they were our own relative.

Self-funding patients

Self-funding patients are able to be seen by a consultant without a GP referral, although a letter is often preferred. We can provide a tailored fixed price inclusive care package* with no hidden extras on a range of diagnostic tests, treatments and surgical procedures. For more information, please call our Self-pay team on 01424 757 455.

- Our team will contact your patient to discuss consultants, dates, times and pricing.
- We'll update you on your patients' progress.

Patients with private medical insurance

A referral letter is generally required from you before any insured patient can be seen by a consultant. Patients can call our bookings team on 01424 757 454 to arrange a convenient appointment.

- Our team will contact your patient to discuss consultants, times and dates.
- Your patient needs to contact their insurer to make sure they are covered for their appointment to see their chosen consultant.
- We'll update you on your patients' progress.

Referral letters

Referral letters can be emailed with encryption to **esht.sphappointments@nhs.net**

NHS patients

Sussex Premier Health provides a range of elective surgical services on behalf of the NHS. Full details of the services provided can be found on, and referrals must be made via, the NHS eReferral system (<https://ers.nhs.uk>).



Self-pay advice

For help in arranging self-funded consultations and treatment, including guide prices for investigations and surgery, please ask patients to contact our self-pay team on:

Phone: 01424 757 455

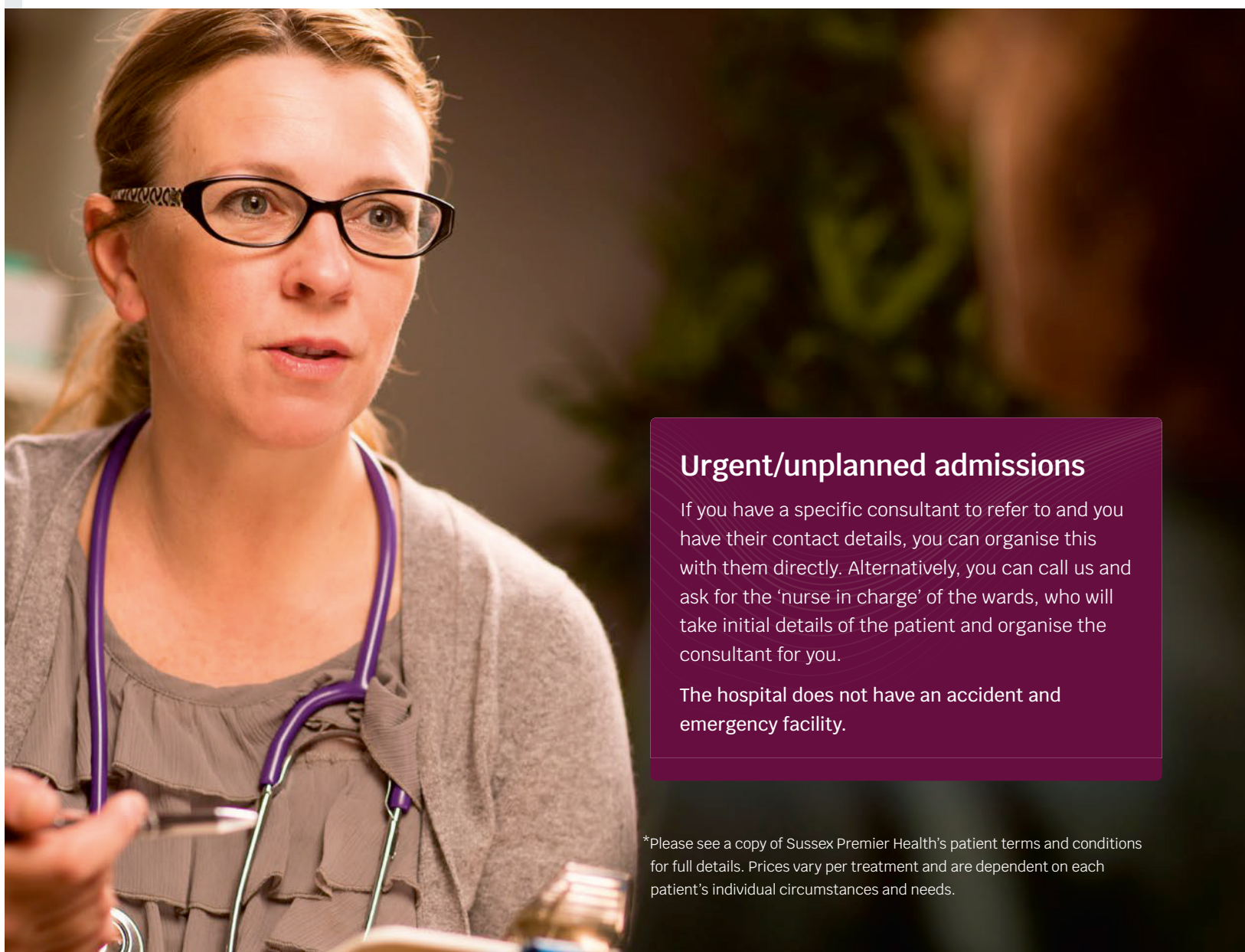
Email: info@sussexpremierhealth.com

Our fixed price packages* offer the following benefits:

- No waiting lists
- Fast access to leading consultants
- Treatment dates to suit the patient
- Personalised support and care

Typical treatments that can be self-funded:

- Back pain treatment
- Cataract surgery
- Cosmetic surgery
- CT, MRI and ultrasound scans
- Endoscopy procedures
- Hernia repair
- Knee, hip, or shoulder surgery



Urgent/unplanned admissions

If you have a specific consultant to refer to and you have their contact details, you can organise this with them directly. Alternatively, you can call us and ask for the 'nurse in charge' of the wards, who will take initial details of the patient and organise the consultant for you.

The hospital does not have an accident and emergency facility.

*Please see a copy of Sussex Premier Health's patient terms and conditions for full details. Prices vary per treatment and are dependent on each patient's individual circumstances and needs.

GP education

We provide regular free of charge GP conferences and evening seminars, which take the form of lectures, Q&As, demonstrations and clinical case presentations by our specialist consultants.

To find out more, contact our GP Liaison Executive on 01424 757405.



GP support

Sussex Premier Health's onsite teams offer prompt and friendly assistance for GPs and primary care professionals to help you in looking after your patients.

GP Liaison Team

Our GP Liaison Executive is responsible for liaising with GP practices and other primary care professionals. Their role is to familiarise you with our services and consultants and to make it as easy as possible for your patients to be seen and treated at Sussex Premier Health.

The team can be contacted on:

Phone: 01424 757 405

Email: Hanna.fennessy@sussexpremierhealth.com

Self-pay Team

Our self-pay team are here to help with arranging self-pay consultations and treatment, including guide prices for investigations and surgery.

One-off private treatment at a fixed price*

- Available for in-patient and day-case procedures, subject to patient pre-assessment.
- Normally includes all consultant and hospital fees, out-patient physiotherapy and one follow up appointment.
- Treatment of complications*

Patients can contact the team on:

Phone: 01424 757 455 / 01424 757 406

Email: info@sussexpremierhealth.com

*Sussex Premier Health patient terms and conditions apply.

Clinics and services

At Sussex Premier Health we offer a wide range of clinics and services, making it easy for patients to access us quickly and easily.

Clinics include:

- Ear Wax Removal Clinic
- Female Fertility Clinic
- Gastroscopy Clinic
- Mole Removal Clinic
- Mummy MOT Assessment
- One Stop Knee Diagnosis Clinic

For more information, patients can contact our Self-pay team on:
01424 757 455 / 01424 757 406

Physiotherapy

Our highly experienced physiotherapy team work closely with the specialist consultants at Sussex Premier Health and can provide fast onward referral if appropriate.

Opening times

Monday to Friday 8.30am – 4pm

Physiotherapy services include:

- Acupuncture
- Gym rehabilitation classes
- Musculoskeletal conditions, including lower back, neck and knee pain
- Post-operative physiotherapy
- Sports injuries
- Upper limb disorders

Phone: 01424 757 491

Imaging

Patients have access to a wide range of imaging services at Sussex Premier Health.

Appointments usually within 24 hours of a referral.
Reports usually within 48 hours.

CT imaging services include:

- Cardiac
- Colonography
- General and Musculoskeletal
- Interventional (biopsies, injections)
- Neurological imaging
- Vascular

MRI imaging services include:

- All MRI (including biliary and small bowel)
- Neurological imaging
- Whole body diffusion weighted imaging

Ultrasound imaging services include:

- General & Musculoskeletal
- Interventional including injections/aspirations and biopsies
- Vascular ultrasound (arterial and venous doppler)

Interventional procedures include:

- Fibroid embolisation and varicocele
- Peripheral artery angioplasty

X-ray services include:

- All X-ray including musculoskeletal
- Barium swallow

Appointments:

01424 757 401 / 01424 757 427

Delivering outstanding private healthcare



At Sussex Premier Health you can be assured that your patients will see an expert specialist and receive outstanding care in a safe and welcoming environment at our hospitals.

Safety first

We continue to maintain extensive protection protocols for patients and colleagues for COVID-19.

Fast access to diagnosis and treatment

Patients can see one of our specialists quickly, because less waiting means less worrying.

Advanced technology

We use the latest technology and techniques wherever possible to get the best outcome for patients.

Directory listings

Cardiology

C

■ Prof. Nikhil Patel

Heart failure, hypertension, cardiac arrhythmias (Atrial Fibrillation and Syncope), complex pacing including cardiac resynchronisation therapy (CRT), internal cardiac defibrillators (ICD) and coronary intervention (coronary angioplasty and stenting).

Location: Eastbourne

■ Dr Rick Veasey

Advanced rhythm management, ablation, electrophysiology, simple and complex pacemakers and defibrillators.

Location: Hastings and Eastbourne

Cosmetic

■ Mr John Pereira

Face and body cosmetic surgery and aesthetic treatments.

Location: Hastings

■ Mr Mark Pickford

Face and body cosmetic surgery.

Location: Hastings

Dermatology

D

■ Dr Noor Alwash

Skin cancer, lesion removal, eczema, dermatitis, psoriasis, acne, excessive sweating, aesthetic injections (botox & fillers).

Location: Hastings

■ Dr Silvia Aguilar-Duran

Skin cancer, acne, rosacea, dermatitis, psoriasis, atopic dermatitis, skin biopsies, lesion removal, steroid injections for keloid scars and hair loss.

Location: Hastings

Dietetics

D

■ Miss Bryony Campion

Weight management, the low FODMAP diet, food allergy and intolerance, coeliac disease and the gluten-free diet and nutrition support.

Location: Hastings



Ear, nose and throat

E

■ Mr Muhannad Al-Hashim

Endoscopic sinus surgery, ear microsuction, ear surgery, tonsillectomy.

Location: Hastings and Eastbourne

■ Mr Imad Amer

Sinus surgery, tonsillectomy, thyroidectomy, head, neck and thyroid lumps, hearing loss, tinnitus, grommit insertions and removal

Location: Hastings

■ Mr Paul Kirkland

Endoscopic sinus surgery (including balloon sinusplasty), sore throat including tonsillectomy, thyroid surgery, face and neck mole and skin lesion removal.

Location: Hastings and Eastbourne

■ Mr Amit Shankar

All aspects of ENT including, endoscopic sinus surgery, ear microsuction, ear surgery and tonsillectomy.

Location: Hastings

■ Mr Nick Volaris

Ear, nose and throat diseases with special interest in head and neck cancer, thyroid surgery, sinus and nasal surgery, glue ear, tonsils and neck lumps.

Location: Eastbourne

Gastroenterology

G

■ Dr Phillip Mayhead

Gastroenterology full range of endoscopic procedures, oesophageal disease abdominal pain, Irritable bowel syndrome (IBS) and functional gastrointestinal disorders (FGID), gastrooesophageal reflux disease (GORD) and barret's oesophagus, inflammatory bowel disease (Crohn's disease and Ulcerative Colitis), small intestinal bacterial overgrowth (SIBO), coeliac disease, pancreatic disorders, (ERCP) and pancreatic exocrine insufficiency (PEI).

Location: Hastings

■ Dr David Neal

Bowel disease, colonoscopy, colproctology, endoscopy, gastrointestinal (cancer, pathology), inflammatory bowel disease, liver disease, motility disorder, nutrition, pancreatology, IBS.

Location: Hastings and Eastbourne

■ Dr Mark Whitehead

Bowel disease, colonoscopy, endoscopy, gastrointestinal (cancer, pathology) IBD, IBS, liver disease, nutrition, motility disorder, general medicine, swallowing disorder, dyspepsia, peptic ulcer disease.

Location: Hastings

General medicine

■ Dr Umesh Dashora

Diabetes, endocrinology, thyroid, fertility, adrenal, gonadal, PCOS, testicular, impotence, erectile dysfunction, sexual dysfunction, parathyroid and calcium related problems.

Location: Hastings

■ Dr Osei Kankam

Respiratory pathology, asthma, lung disease, chest medicine and respiratory

Location: Hastings

■ Dr Simon Merritt

Respiratory and sleep medicine, asthma, COPD, pulmonary fibrosis and embolism, pleural effusion, chronic cough, bronchiectasis, non invasive ventilation, neuromuscular weakness with respiratory failure, pleural disease and bronchoscopy. Insomnia, obstructive sleep apnoea (OSA), obesity hypoventilation (OHS), narcolepsy, idiopathic hypersomnolence, REM behaviour disorder, restless leg syndrome, and sleep walking.

Location: Hastings

■ Dr Periasamy Sathiskumar

General endocrinology including pituitary, thyroid, parathyroid disease, adrenal, gonadal hormonal disorders (inc polycystic ovary syndrome, hirsutism, endocrine related fertility problems), diabetes mellitus and general medicine, diabetes.

Location: Hastings

General surgery

■ Mr Andrew Aldridge

Colorectal surgery (lower GI), endoscopy, gastroscopy, colonoscopy, flexible sigmoidoscopy, hernia repair, pelvic floor, rectal prolapse, colorectal (bowel) cancer, laparoscopic surgery, gall bladder, gallstones, laparoscopic cholecystectomy, inflammatory bowel disease, ulcerative colitis, crohns disease, gastroenterology, colorectal disease, skin lesions, sphincter surgery, haemorrhoids, haemorrhoidectomy, haemorrhoid banding, anal fistula, rectal bleeding, abdominal pain, diarrhoea, change in bowel habit.

Location: Hastings and Eastbourne

■ Miss Imelda Donnellan

Anal warts, fissure and fistula surgery, colonoscopy, flexible sigmoidoscopy, gallbladder/gallstone removal (cholecystectomy), gastroscopy, haemorrhoids removal treatment, hernia, ingrown toenail, mole, cyst, wart and skin tag removal, malignant skin cancer excision, bowel surgery.

Location: Hastings

■ Mr Raj Harshen

Anal warts, fissure and fistula surgery, colonoscopy, flexible sigmoidoscopy, gallbladder/gallstone removal (cholecystectomy), gastroscopy, haemorrhoids removal treatment, hernia, ingrown toenail, mole, cyst, wart and skin tag removal, malignant skin cancer excision, bowel surgery.

Location: Hastings and Eastbourne

■ Mr El-Dhuwaib

Anal warts, fissure and fistula surgery, colonoscopy, flexible sigmoidoscopy, gallbladder/gallstone removal (cholecystectomy), gastroscopy, haemorrhoids removal treatment, hernia, ingrown toenail, mole, cyst, wart and skin tag removal, malignant skin cancer excision, bowel surgery.

Location: Hastings and Eastbourne

General surgery (Continued)

G

■ Mr Shameen Jaunoo

Consultant general and upper GI surgery. Gallstones, hernia surgery, gastroenterology, general surgery, oesophageal cancer, pancreatic disorders, laparoscopic anti-reflux surgery, laparoscopic hernia repair, laparoscopic hernia repair.

Location: Hastings and Eastbourne

■ Mr Michail Klimovskij

Colorectal surgery, (lower GI) Colonoscopy, flexible sigmoidoscopy, hernia repair, rectal prolapse, colorectal (bowel) cancer, laparoscopic surgery, gall bladder, gallstones, laparoscopic cholecystectomy, laparoscopic hernia, inflammatory bowel disease, ulcerative colitis, Crohn's disease, gastroenterology, colorectal, disease, skin lesions, sphincter surgery, haemorrhoids, haemorrhoidectomy, haemorrhoid banding, anal fistula, rectal bleeding, abdominal pain and change in bowel habit.

Location: Hastings and Eastbourne

■ Mr Matthew Miller

Anal warts, fissure and fistula surgery, colonoscopy, flexible sigmoidoscopy, gallbladder/gallstone removal (cholecystectomy), gastroscopy, haemorrhoids removal treatment, hernia, ingrown toenail, mole, cyst, wart and skin tag removal, malignant skin cancer excision, bowel surgery.

Location: Hastings

■ Mrs Alys Morris

Colorectal surgery, disorders of the pelvic floor including rectal prolapse and difficulties with evacuation of stool and faecal incontinence, inflammatory bowel disease, haemorrhoid treatment

Location: Hastings

Geriatric medicine

■ Dr Elena Mucci

Comprehensive assessment of older adults, TIA management

Gynaecology

■ Mr Waleed Yousef

Prolapse, laparoscopy and endometrial ablation surgery
Location: Hastings and Eastbourne

■ Mr Antonios Koumousidis

Gynaecological surgery, transvaginal scans, endometriosis

Location: Hastings

Gynaecology

G

■ Mr Jamal Zaidi

Subfertility, pelvic floor surgery, female sterilisation, endometrial ablation surgery.

Location: Hastings

■ Miss Victoria Asfour

Urogynaecology, incontinence, prolapse, vaginal reconstruction, hysteroscopy, hysterectomy

Location: Hastings

Haematology

H

■ Dr Joel Newman

General and malignant haematology including anaemia, iron deficiency, clotting disorders including easy bruising, leukaemia's, lymphomas, myeloproliferative and myelodysplastic syndromes, mast cell disorders, myeloma and diagnostic haematology.

Location: Hastings and Eastbourne

Hand Surgery

H

■ Mr Jamie Buchanan

Carpal tunnel release, Dupuytren's surgery.

Location: Hastings

■ Mr Mark Pickford

Soft tissue, rheumatoid hand surgery.

Location: Hastings

■ Mr Matthew Ricks

Carpal tunnel release, Dupuytren's surgery.

Location: Hastings

■ Mr Thakral

Carpal tunnel release, Dupuytren's surgery.

Location: Hastings

Ophthalmology

O

■ Mr Pieter Gouws

Cataract surgery, glaucoma treatment, diabetic eye disease, macular degeneration, retinal disease, cyst removal, oculoplastic surgery.

Location: Hastings

■ Mr Julian Hickman-Casey

Cataract and glaucoma surgery.

Location: Bexhill and Eastbourne

■ Mr Shahram Kashani

Cataract surgery, glaucoma treatment, diabetic eye disease, macular degeneration, retinal disease, cyst removal.

Location: Hastings, Bexhill and Eastbourne

Ophthalmology (Continued)

O

■ **Mr Huw Oliphant**

Oculoplastic surgery, cataract, lacrimal (watery eye surgery), cosmetic eye surgery, glaucoma

Location: Eastbourne

■ **Mr Saruban Pasu**

Cataract surgery, glaucoma treatment, diabetic eye disease, macular degeneration, retinal disease.

Location: Hastings and Bexhill

■ **Mr Kashif Qureshi**

Cataract surgery, glaucoma treatment, diabetic eye disease, macular degeneration, retinal disease.

Location: Hastings and Bexhill

■ **Mr Manuel Saldana**

Oculoplastic and cataract surgery

Location: Hastings and Bexhill

■ **Mr Michael Wearne**

Cataract surgery/small incision phacoemulsification, intra-ocular lens implantation, including toric and multifocal lenses, refraction, glaucoma, red eyes, dry eyes, iritis, eyelid abnormalities, including ptosis, entropion and ectropion repair, eyelid tumours and reconstructive surgery, facial weakness, thyroid eye disease, lacrimal (tear duct) surgery for watery eyes, cosmetic upper and lower eyelid blepharoplasty

Location: Hastings, Bexhill and Eastbourne

Orthopaedic

O

■ **Mr Jamie Buchanan**

Shoulder, elbow, and hand surgery, Shoulder arthroscopic and replacement surgery

Location: Hastings

■ **Mr Christopher Buckle**

Knee replacement, partial knee replacement, Revision knee replacement, knee arthroscopy, hip replacement, revision hip replacement.

Location: Hastings and Eastbourne

■ **Mr Adrian Butler-Manuel**

Knee arthroscopy, ligament reconstruction, knee replacement surgery, sports injuries including ACL reconstruction.

Location: Hastings

Orthopaedic (Continued)■ **Mr Satish Ganesan**

Back pain, sciatica, spondylosis, spinal injuries, disc prolapse, stenosis, sacroiliac joint and coccygeal pain, spinal injections, micro discectomy, spinal decompressions, spinal stabilisation and fusion procedures.

Location: Hastings

■ **Mr Richard Goddard**

Knee arthroscopy, ligament reconstruction, knee replacement surgery including Signature knee replacement, sports injuries including ACL reconstruction.

Location: Hastings

■ **Mr Oliver Keast-Butler**

Hip and knee pain, hip and knee replacement surgery, knee arthroscopy.

Location: Hastings

■ **Mr Khalid Malik**

Hip and knee pain, hip and knee replacement surgery, knee arthroscopy.

Location: Hastings

■ **Mr Simon Pearce**

Hip and knee pain, hip and knee replacement surgery, knee arthroscopy, osteotomy for arthritis, sports injuries.

Location: Hastings

■ **Mr Mathew Ricks**

Shoulder, elbow, and hand surgery, shoulder arthroscopic and replacement surgery

Location: Hastings

■ **Mr Guy Selmon**

Back pain, sciatica, spondylosis, spinal injuries, disc prolapse, stenosis, sacroiliac joint and coccygeal pain, spinal injections, micro discectomy, spinal decompressions, spinal stabilisation and fusion procedures.

Location: Hastings

■ **Mr Hemant Thakral**

Shoulder, elbow and hand surgery.

Location: Hastings

■ **Mr Henry Willmott**

Foot and ankle conditions including hallux valgus, hammer toes, arthritis, sports injuries, ankle arthroscopy and replacement surgery.

Location: Hastings

Pain management

P

■ Dr Intazar Bashir

Chronic pain, facet joint injections, fibromyalgia, headaches, medication review, post-operative pain, preparation for surgery when suffering with chronic pain.

Plastic

■ Mr John Pereira

All aspects of plastic and reconstructive surgery.

Location: Hastings

■ Mr Mark Pickford

All aspects of plastic and reconstructive surgery.

Location: Hastings

Psychiatry

■ Dr Nick Clarke

Late onset depressive illness and dementia, grief and anxiety syndromes, neuropsychiatry of degenerative brain disease including parkinson's and stroke diseases.

Rheumatology

R

■ Dr Sam Panthakalam

Full range of rheumatological conditions specifically including inflammatory arthritis, connective tissue disease, vasculitis, osteoporosis.

Location: Eastbourne

■ Dr Andrew Pool

Osteoporosis, inflammatory rheumatic disorders, soft tissue rheumatism, gout, fibromyalgia, joint injections, PMR/Giant cell arteritis.

Location: Hastings and Eastbourne

Urology

U

■ Mr Edward Calleja

Flexible cystoscopy, hydrocele, erectile dysfunction, prostate and bladder surgery, robotic surgery, circumcision, bladder and prostate cancer

Location: Hastings and Eastbourne

■ Mr Shwan Ahmed

Urological, bladder, prostate and kidney cancer, incontinence, male erection dysfunction, diseases (benign prostate, bladder and kidney stone), urinary tract infections.

Location: Hastings and Eastbourne

■ Mr Steve Garnett

Urological, bladder, prostate and kidney cancer, incontinence, male erection dysfunction, diseases (benign prostate, bladder and kidney stone), urinary tract infections, urodynamics.

Location: Hastings and Eastbourne

■ Mr Simon Mackie

Renal stone surgery, bladder outflow obstruction, prostatic surgery, testicular/scrotal surgery, bladder, urinary tract infections, erectile dysfunction, female incontinence.

Location: Hastings and Eastbourne

■ Mr Roger Plail

Bladder and prostate cancer, erectile and sexual dysfunction, incontinence, urinary tract infections.

Location: Hastings and Eastbourne

■ Mr Peter Rimington

Laparoscopic surgery for prostate and bladder cancer as well as a range of operations for all benign urological conditions.

Location: Eastbourne

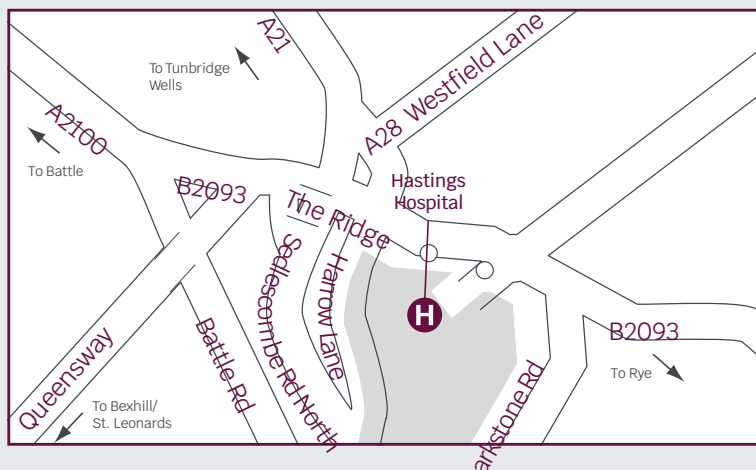
Do your patients have private medical insurance?

Approximately 10% of UK population have a private medical insurance policy — but not everyone uses it*. If everyone who was eligible got treated using their cover, just imagine the impact this would have on NHS waiting lists.

We always encourage patients to tell their GP if they have PMI.

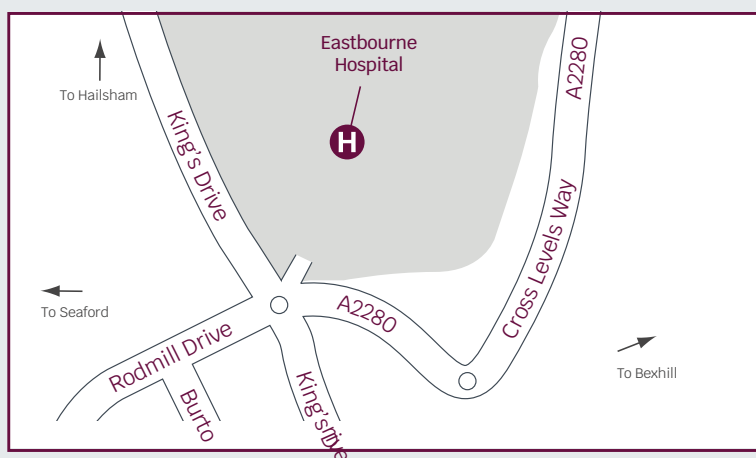
*Healthcare Cover UK Market Report
(Fifteenth Edition), Laing Buisson

Your local private hospital



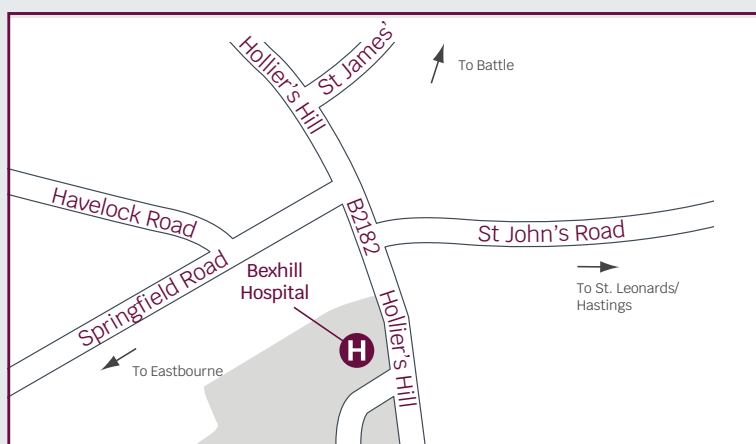
Contact us

T: 01424 757400
A: Hastings
The Ridge, St Leonards On Sea
East Sussex TN37 7RE



Contact us

T: 0300 131 5500
A: Eastbourne
EDGH, Kings Drive, Eastbourne
East Sussex BN21 2UD



Contact us

T: 0300 131 5500
A: Bexhill
Holliers Hill, Bexhill On Sea
East Sussex TN40 2DZ